

Join us to celebrate our launch

You are invited to the launch of our **new college campus** and to find out more about the range of courses we have on offer.

Following a successful first year, we're delighted to have a new purpose built main campus for the Health and Wellbeing College. This will offer an inspirational environment for people to improve their health and wellbeing through the range of courses we have on offer. Our new prospectus will be available at the event and we will be opening our online enrolments.

We have a range of inspirational speakers on the day, including our special guest, former England Rugby League Captain, Jamie Peacock MBE.

We hope that you can join us!

Date: Friday, 28 July 2017

Time: All day event from 10am to 4pm.
Feel free to pop in at any time.

Address: The Health and Wellbeing College,
225 Old Street, Ashton-under-Lyne OL6 7SR

10:00 Doors open: An opportunity to look around our new main campus site and meet the team

11:00 Opening speeches:

Judith Crosby, Director of Service Development and Sustainability, Pennine Care NHS Foundation Trust

Joan Beresford, NED/Deputy Trust Chair
Pennine Care NHS Foundation Trust

11:15 Special Guest: Jamie Peacock MBE

11:45 Q&A session with Jamie Peacock MBE

12:00 Official opening: Jamie Peacock MBE

Inspirational talks on the theme of 'my recovery journey':

13:00 Judith and Amy talk about their journeys from college student to peer trainer.

13:45 Coral's journey through the college: A perspective from a community mental health team (CMHT) service user along with her CMHT support worker, Linda Bowker.

14:30 Lucy and Sarah share their journeys as new and established peer trainers.

15:15 Students from low secure inpatient settings reflect on their experience of the college supported by Gemma Kirk (Transformation Lead, Rehabilitation and High Support Directorate).

Peer-led taster drop in session:

13:00 – 16:00: Pop in and try your hand at 'Treasure Mapping' – an activity from our 'Believe and Achieve' course

Other activities on offer:

- In the co-production ethos of our college, help us name our college classrooms and the coffee bar area!
- Share your words of encouragement or inspirational quotes for those starting out their journey in the college by hanging a message on our 'tree of hope'.

About our special guest:

Jamie Peacock MBE is the most successful Rugby League player in the modern era, captaining Great Britain and England and twice being voted the best forward in the world.

Be prepared to be inspired by Jamie's 'No White Flag, Building Champions' talk, which documents his journey from a 19 year old trialist to a professional and champion. By using simple aspects of personal development and leadership, Jamie believes that anyone can apply these techniques to enhance their own everyday lives.
www.jamiepeacock.co.uk

Light refreshments and healthy snacks will be provided in partnership with 'Pro Power Snacks Ltd' www.propowersnacks.com.

