



Mental health survey

Have you needed support for your mental health in the last 12 months? Or are you a carer of someone needing mental health support?

In 2017 we completed a project about people's experiences of using mental health services.

A number of changes have been made to services since then. This includes new services being launched.

We are carrying out another project to find out whether feedback has improved. We would also like to hear about services for dementia, autism, learning disabilities and dependency issues.

We are careful not to identify anyone in our reports.



An anonymous survey is available for completion online at www.healthwatchtameside.co.uk/share-your-views

Alternatively, you can give us a ring on **0161 667 2526**. Please note all Healthwatch staff work part-time. You can leave a message on our answerphone, and we will call you back.



We can post out a paper copy of the survey with a FREEPOST envelope to return it, or you can complete the survey with us over the phone.

If you know anyone who uses mental health services, please let them know about this project.



Please help us to spread our news by sharing this newsletter with a friend or neighbour. Thank you



General survey

We are always collecting feedback about use of health and care services. Can you help us?

We have enclosed a copy of our general survey, for you to tell us your views about using any health and care services in the last few months.

Please use the FREEPOST envelope to return your completed survey.

Or you can ring us on **0161 667 2526**, if you want to tell us on the phone. Leave us a message, and we will call you back.

The survey can be completed online at www.healthwatchtameside.co.uk/share-your-views

We are moving

Since the start of the pandemic, the staff team have been working from home.

Action Together (who hold the contract for the Healthwatch Tameside service) are moving all staff from the Penny Meadow offices. We will continue to work from home, with desks available to book in Ashton town centre. We can also book meeting rooms.

We will not be available on a drop-in basis, however we can make appointments for people to meet us face-to-face.

If you wish to make an appointment, please ring us on **0161 667 2526**, and leave us a message. We will call you back.



While you wait

The While You Wait website (www.whileyouwait.org.uk), is designed to give patients living in Greater Manchester information and advice on how to manage their physical and mental wellbeing while they wait for hospital treatment, along with answering some questions.

If you, or anyone you know, does not have access to the internet and is waiting for care, there are leaflets available in English, Arabic, Bengali, Gujarati, Polish, Punjabi and Urdu.

Please get in touch with us on **0161 667 2526** if you would like a leaflet. We can either email the pdf version for you to share, or post out a paper copy.



Annual report

Each year we send our annual report to Healthwatch England by 30 June. A copy is on our website at

www.healthwatchtameside.co.uk/report/2022-07-04/annual-report-20212022

Paper copies can be printed and posted to you. Call us on **0161 667 2526** to request a copy.



Board members

We would like to welcome our new board members – Fleur Piacentini and Julie Wood.

In May, the board selected a new Chair, and deputy chair. The board members who were selected are:

Chair – Tracey McErlain-Burns

Deputy Chair – Jyoti Rao



Help BEAT Coronavirus

Clinicians in Greater Manchester (GM), supported by the GM Health and Social Care Partnership and the National Institute for Health and Care Research (NIHR) are developing a GM-wide Long COVID (LC) consented cohort of individuals to participate in LC research.

This is a new campaign encouraging people to help the NHS understand the ongoing issues presented by the coronavirus pandemic. It is part of Research for the Future and has been developed following the public response to vaccine research trials, where more than 30,000 people across GM took part in Covid-19 research supported by the NIHR Clinical Research Network Greater Manchester.

Infection with COVID-19 is leaving people with multiple symptoms and new research is looking to understand what causes these, why some people are more susceptible to experiencing ongoing health issues, as well as what support, care or treatment is currently available.

For more information, and to register your interest, see www.researchforthefuture.org/coronavirus/

You can also ring **0161 206 3636**.

research
FOR THE
future

Latest report

We have recently published a report about "Changes to the way people access health and care services".

This includes all the feedback from our survey of the same name. It can be read online at

www.healthwatchtameside.co.uk/report/2022-06-20/changes-way-people-access-health-and-care-services-survey-report-2022

If you would like a paper copy, please ring us on **0161 667 2526**, and leave a message.

Patient experience library

As well as publishing our reports on our website, they are also sent to Healthwatch England and stored in this library.

You can find reports from all over the country at www.patientlibrary.net/cgi-bin/library.cgi

Contact Us

Tel: 0161 667 2526

Email: info@healthwatchtameside.co.uk

Twitter: @HealthwatchTame

Facebook: @HealthwatchTameside

Web: www.healthwatchtameside.co.uk

If you would like this newsletter in large print or another format please contact 0161 667 2526

Eye Screening

The Diabetic Eye Screening programme covers Greater Manchester South. They screen anyone diagnosed with diabetes over the age of 12 years old.

Over 30 people a week lose their sight to Diabetic Retinopathy which is a preventable sight loss connected with diabetes. The screening can detect this and treatments are available.

If you have diabetes and have not been screened in the last 12 months, call **0161 464 3000**.

More information can be found at www.gmsouthdesp.co.uk/



Invite us

Are you a community group or organisation? Do you hold meetings and/or events?

We'd love to come along. We can talk to your group, or have a stall at your event.

We are always looking for new people to talk to about their experiences of using local health and care services.

Ring us on **0161 667 2526**, or email info@healthwatchtameside.co.uk

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